

## [THE FRUGAL GOURMET RECIPES](#)



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garlic cloves, honey, duck, orange peel, hoisin sauce, salt, dark soy sauce and 7 more

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### **Jeff Smith chef Wikipedia**

The Frugal Gourmet's Culinary Handbook: An Updated Version of an American Classic on Food and Cooking. New York: Morrow. New York: Morrow. ISBN 0688090710 .

<http://ebookslibrary.club/Jeff-Smith--chef--Wikipedia.pdf>

### **Frugal Gourmet Recipes SparkRecipes**

Bran Muffins from the Frugal Gourmet This is a great recipe because it is delicious, healthy, and there is no waste. NONE: You can keep it covered in the refrigerator for up to 6 weeks.

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### **Frugal Gourmet Chicken Recipe Genius Kitchen**

I think this came from the Frugal gourmets tv show - was it back in the 80s? Anyway, this technique of sealing in the juices is wonderful and it ends the controversy (at least with me) whether the chicken on the grill is really done. Try this.

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### **Open Library Frugal Gourmet Jeff Smith Books Online**

Jeff Smith presents classic and simple recipes from his entertaining TV series "The Frugal Gourmet". His enthusiasm inspired many (including me) to push themselves deeper into the culinary arts. The classic recipes from the TV show are here.

<http://ebookslibrary.club/Open-Library--Frugal-Gourmet--Jeff-Smith--Books-Online.pdf>

### **Jeff Smith the Frugal Gourmet Recipe Talk**

The Frugal Gourmet 1984 (page 84) JEFF SMITH. Dill and Caper Dressing . This one close to the dressing used in a salad Olivier, a Russian delicacy.

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